

Transform Your Nature, Using Jesus as Your Example: *IGNITE*

LESSON AT A GLANCE

Facilitator Notes:

- Sunday Sermon Reflections, Point to Ponder and Call to Action should still be shared at the beginning of the lesson.
- Since the format of this lesson is less structured, facilitators can incorporate a light meal or snack into the evening such as pizza or popcorn. Be sure to include this in your Message to Parents so they are aware and can contribute.
- During these activities, the facilitator will need to assist when students struggle with answers or clarify when students misunderstand or have misconceptions.

This lesson is designed for review, reflection, re-teaching or application of the topics taught the past semester. Facilitators can decide what type of lesson is needed based on the learning outcomes the students experienced during the semester. Listed below are suggestions for the type of lesson that should be conducted based on the needs of the students. A descriptor for the type of lesson is provided to assist the facilitator in choosing the appropriate lesson. Suggested activities are listed below each type of lesson.

If you have students that have gone through the THRIVE discussions before, consider asking them to share what they've learned differently the second time through, or how their perspective(s) on a certain topic have changed as a result of a couple of years of experience.

When to use each type of lesson:

Review Lesson: when a general understanding about a topic exists, rather than a solid, deep understanding.

- Choose 1 or both of the following activities depending on the needs of the group:
 - **Pick a Card...**Have the "I wonder..." questions on separate index cards and the corresponding "I believe..." statements on separate index cards. Shuffle all of the cards and have each student pick 1 or 2 cards (depending on the size of your group). Students should not show their cards to each other. Always start with someone reading an "I wonder..." question, and the person with the corresponding "I believe..." statement should respond.
 - **Break it Down...**Choose the "I wonder..." question that needs review and write it on chart paper. On a separate piece of chart paper write only the words "I believe...". Have each student come up and add something, change something, or delete something until the statement is complete and accurate.

Reflection Lesson: when students show real interest and excitement about a topic.

- Choose 1 or both of the following activities depending on the needs of the group:
 - **Relive...**Have students share their Call to Action experiences from the topic, and invite them to share more experiences related to that topic.
 - **Dig Deep...**Further investigate the topic by examining Bible verses or stories that further define or explain the topic. Let the students search for additional events in the Bible that demonstrate or provide examples of the topic.

<ul style="list-style-type: none"> • It would be helpful to give any guest speakers the facilitator guides from previous topics so that know what has been discussed. • Because of safety for minors, any For Your Journey episodes that are made should not be posted online nor shared privately without the student's and parent's consent. 	<p>Re-teaching Lesson: when students do not understand or have misconceptions about the topic.</p> <ul style="list-style-type: none"> ➤ Choose 1 or both of the following activities depending on the needs of the group: <ul style="list-style-type: none"> • True or False...Have the students sit in a circle and give each student a set of the True / False cards from the T11 lesson. Make 5-7 true or false statements about the topic and ask students to hold up either the True or False cards (have students face the cards to the outside of the circle). The facilitator should walk around the circle, review the answers, and choose students with the correct answer to explain their answer to the group • Be Our Guest...Invite an ordained minister to share their explanation about the topic and have them revisit the questions from the student lesson copy (from the corresponding lesson) with the students to ensure students have mastered the topic. <p>Application Lesson: when students have a good understanding of the topic and/ or great interest and excitement about the topic.</p> <ul style="list-style-type: none"> ➤ Choose 1 or both of the following activities depending on the needs of the group: <ul style="list-style-type: none"> • FYJ....Have the students pair up. Give each pair an "I wonder..." question to discuss. Then have them video tape a 1-2 minute "For Your Journey" episode to later share with the class. <ul style="list-style-type: none"> ▪ While the students can be fun and creative, they should still take the exercise seriously. This isn't to be a parody or skit, but rather a genuine exploration of the question(s) • Take Your Show on the Road....Take the students to visit a widow, to a nursing home, to a local restaurant and encourage them to share with others one of the "I believe..." statements and what it means <p>Have students work together to complete the questions on the student lesson copy. If time allows, come back together and let students share their responses.</p>
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MESSAGE TO PARENTS (TO BE SENT VIA EMAIL OR TEXT)

<p>Facilitator Notes:</p> <ul style="list-style-type: none"> • Please feel free to customize and add local information as necessary. 	<p>Dear Parents,</p> <p>This week is the last semester of the "T" lessons of the THRIVE curriculum. This semester's lessons focused on "Transforming our nature, using Jesus as your example." It's our hope that this semester your student connected with one or more of the topics and is working on developing the Fruit of the Spirit, understanding the forgiveness of sins and becoming more willing to forgive, and/or has a greater appreciation for the celebration of Holy Communion. Ask your student to share with you what transforming this nature means to them. As always, if you have questions about the topic, please feel free to contact your Youth Leaders.</p> <p>Your Youth Leaders</p>
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SUNDAY SERMON REFLECTIONS (10 minutes)

Facilitator Notes:

- Allow 2-3 students to share their reflections. For larger groups, vary who shares from week to week.

- What Bible verse was used for the basis of last Sunday's sermon?
- What were some of the main takeaways? What did you learn?
- So far this week, how have you applied what you learned from the sermon last Sunday?
- Going forward, how will you apply what you learned from the sermon last Sunday?

LESSON: CHOOSE THE APPROPRIATE ACTIVITY FOR THE GROUP

WHAT'S IN IT FOR ME? (15 minutes)

Facilitator Notes:

Wrap up the lesson with the "T" message from THRIVE: Transform your nature, using Jesus as your example by:

- Exemplifying the fruit of the Spirit as Jesus did. Use them to measure your spiritual maturity. (Galatians 5:22-23)
- Forgiving as Jesus forgave, unconditionally and fully. (Matthew 6:12, 18:21-22, Luke 17:3)
- Being engaged and present when celebrating Holy Communion to experience its transformational power. (1 Corinthians 11:24)
- Remind the students that on their Confirmation day, they will or have already promised and committed to "surrender myself to you, O triune God, Father, Son, and Holy Spirit".

A Point to Ponder....

- In what way do you feel you've spiritually grown or changed this semester?

A Call to Action...

- This week, write a letter/prayer to God about the thing that stuck with you the most from this "T" semester. You can thank Him for it, you can ask Him for help in growing in it- just talk with Him about it.

Weekly Reflections

What Bible verse was used for the basis of last Sunday's sermon?

What were some of the main takeaways? What did you learn?

So far this week, how have you applied what you learned from the sermon last Sunday?

Going forward, how will you apply what you learned from the sermon last Sunday?

Point to Ponder...

Call to Action...

Transform Your Nature, Using Jesus as Your Example: *IGNITE*

Why is your relationship with God, the Father; God, the Son; and God, the Holy Spirit important to you?

How can prayer strengthen your relationship with God?

How do you demonstrate the characteristics of Christ at home, with friends, with strangers?

How has your faith in our heavenly Father changed or grown in the past semester?

Explain how our hope in our eternal future with God effects what we do today?

How have you helped someone in need in the past few weeks?

Which Fruit of the Spirit has improved within you and which one(s) stills needs some work?

What sins are you struggling with and what are you doing to overcome them?

Knowing what Christ sacrificed for you, how has this changed the way you respond when others hurt you?

What thoughts and feelings do you have during Holy Communion?

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A Call to Action...

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