**Family Worship Guide – “Wait Silently for God”**

*…as for me and my house, we will serve (worship) the Lord* (Joshua 24:15)

Considerations:

* First, talk about what a psalm is…
	+ A sacred song or poem used in worship.
	+ The book of Psalms is essentially a hymnbook that David and other musicians wrote and would use to worship God. It has the most verses of any book in the Bible, but no chapters (the individual psalms are songs, not chapters).
	+ David would often use an instrument called a lyre when singing the psalms (a lyre is a stringed instrument similar to a harp, but much smaller).

**Read God’s word together**

Bible Verse – Psalm 62:5-6

Possible questions/conversation-starters:

1. Have you ever talked to yourself? If so, what are some examples of things you’ve said? (Allow time for answers, and maybe provide a couple of your own to help get things started).

2. Note that David is talking to himself in this psalm (what’s a psalm again?). What does he tell himself (To wait silently/patiently for God to work in his life; He’s telling himself to trust in God!).

3. After telling himself to wait silently/patiently for God, David reminds himself of why he can and should trust in God. Why could David—and why can we—trust in God? (Our hope and expectation is from Him; He is our rock and our salvation; He is our defense).

*If desired, take some time to talk about why God is our hope, and what it means that He is our rock, salvation, and defense.*  *Also, note the word “alone” that David uses in verse 5. God alone is our hope, rock, salvation, and defense. He is the only one on whom we can truly rely.*

**Pray together**

Prompt: Worship and praise God for being our only hope, rock, salvation, and defense. Thank Him for giving us a future and a hope in Jesus Christ (Jeremiah 29:11), and pray that Jesus comes soon so that our faith can become sight.

**Sing together**

My Life Is in You, Lord (Celebration Hymnal 542) or

<https://www.youtube.com/watch?v=GPqHufcoreg>

I Will Wait for You – Keith and Kristyn Getty

<https://www.youtube.com/watch?v=_eJUqY_6tqo>

Surrounded (Fight My Battles) – Upper Room

<https://www.youtube.com/watch?v=nWmjpF613y4>

Any hymn/song of praise and worship!