

Jesus in the Garden of Gethsemane

Luke 22:39-54

Memory Work

"If you do not stand firm in your faith, you will not stand at all." --Isaiah 7:9 (NIRV)

Message

Stand firm in your faith.

Talk About It

In today's lesson, the Lord Jesus was about to go through the most difficult hours of His short life on this Earth, and in some of these final hours that He had alone, He chose to seek strength from His Father through prayer. His prayer was so intense that He was sweating profusely.

Ask your child what the worst day they ever had was like. Let them give you as many details as possible and tell you how they felt about all those terrible things that may have happened to them. Now, imagine if you knew ahead of time, when you woke up that day, that it was going to be the worst day you ever had in your life so far. What would you do? What would you do if you knew you couldn't just stay in bed that day, but had to get up and go through the day? Who would you turn to?

Talk with your child about how no matter what we may face in life, (and it is very likely that we face many mountains) we can always turn to our Heavenly Father for strength so that we can stand firm in our faith. We can ask Him too, if possible, to remove the mountains, just as the Lord Jesus asked that if possible He would not have to go through with the death on the cross. Remind your child that sometimes it is necessary for us to go through some challenging events and circumstances in our lives, in order for us to develop our character, and to strengthen us spiritually. God is always there for us, even when it sometimes seems as if we are all alone. He wants us to stand firm in our faith, even when we must go through unpleasant circumstances. It is so important that we always make a connection each day in prayer with God so that He remembers us and continues to cover us with His grace.

When you pray together, thank our Heavenly Father for giving us a way to communicate with Him through our prayer life, and for the help that He will give you. Talk about it.